

# Nursing Assistant

## Intermediate School District 287 - Hennepin Technical Pathways

**Course Description:** The Nursing Assistant course introduces concepts of: 1) basic human needs, 2) basic personal care skills, 3) health and wellness continuum, 4) legal and ethical issues, and 5) infection control. Upon successful completion of this course, and a clinical experience, students will be eligible to take the Minnesota State Competency Examination for Nursing Assistants for placement on Nursing Assistant Registry.

**Course Delivery:** This state approved nursing assistant training program is delivered using three educational environments as required by Federal Law OBRA 87 and Minnesota Department of Health Nursing Assistant Registry.

- Classroom – To present basic nursing theory and introduce Medical Terminology and Medical Abbreviations
- Nursing Lab –Instructor demonstration of 54 required skills, student practice followed by student demonstration of skill competency
- Clinical –
  - The clinical sessions are a required portion of the course.
  - Clinical is scheduled in a long-term care facility (nursing home) where students will work with facility residents to actually perform skills under the supervision of the clinical instructor.
  - Clinical times are arranged for two evenings and one Saturday and attendance to all sessions is mandatory.

### **Course Outcomes and Requirements:**

- Each student must meet attendance requirements
- Each student must be able to lift 25-50 pounds
- Each student must successfully complete unit tests and required skill demonstration in lab and clinical setting
- Each student must demonstrate they are free of tuberculosis within 90 days of clinical (not before Oct.)
- Each student must pass a criminal background study before clinical
- Each student must have basic English reading and communication skills
- For clinical – each student needs to purchase a watch with a second hand, scrub uniform and appropriate supportive shoes

Nursing assistants work in a variety of settings including Home Care, Nursing Homes, Assisted Livings and hospitals.

The Nursing Assistant course fulfills the requirements for Introduction to Nursing for many colleges throughout Minnesota. All nurses begin with an “Introduction to Nursing” course regardless if they choose to work as Nursing Assistants or plan to continue in nursing and pursue advanced practice opportunities.

### **Contact Persons:**

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